
Patient Story: Patient From Australia underwent Varicose Veins treatment in India

Veins are an important part of the circulatory system. Veins help in blood flow from the organs towards the heart. When the superficial veins become enlarged and twisted, the condition is known as varicose veins. Although it may occur in any part of the body, legs are most commonly affected. Women are at increased risk of developing varicose veins and spider veins as compared to men. In the legs, the conditions are mostly found near the ankles or feet, front and back of calves and on the thighs. Some people do not have the symptoms of varicose veins, and such people have cosmetic issues with varicose veins. The symptoms experienced by varicose veins may be itching, swelling, and cramping of the legs. The patient experiences aching and heavy legs along with the symptoms of restless leg syndrome. The symptoms worsen when standing for a long period. Majorly, the causes of varicose veins are hereditary. Other contributing factors for the development of varicose veins are pregnancy, menopause, and obesity.

PATIENT INTRODUCTION AND MEDICAL CONDITION

Fiona Whitecross, a 46-year-old Australian woman, was diagnosed with varicose veins. The quality of life of Ms. Fiona was significantly reduced as she experiences pain on standing for a long time. Further, her choice of wearing clothes was limited due to cosmetics issues caused by the varicose veins. At times, she feels heaviness in legs due to varicose veins. Ms. Fiona knew that the condition is progressive and treatment is required to manage both the health as well as the cosmetic issue. If the varicose vein left untreated at the initial stage results in the development of large varicose veins with increased severity of symptoms. To avoid these complications, she decided to get treated for her condition. She searched on the internet about the countries of the world that can provide her with the best treatment at an affordable price. She zeroed in on India. Reason for choosing India, other than the quality treatment, was the presence of her friends in Chennai, a city in India. Through the internet, Ms. Fiona came to know about one of the best and trusted medical tourism service providers, MediGence. After the initial contact, the team at MediGence swiftly responded and reviewed her reports and images that she shared. On the basis of her condition, we provided multiple hospital options in Chennai who treats varicose veins with high success rate.

TREATMENT DECISION

Ms. Fiona Whitecross decided to treat herself at [Sri Ram Chandra Medical Center, Chennai](#). Dr. Radhakrishnan, one of the finest doctors for [varicose veins in southern India](#), treated Ms. Fiona through sclerotherapy. Ms. Fiona arrived in India on 09th April 2019. In total, three sessions were planned and the treatment was successfully done. She also asked for the dental appointments and some fixings which were arranged in the hospitals itself. Through speedy

response, proper coordination with the doctors and arrangement for dental appointments, Team MediGence was always with her till she left the country to return to Australia on 18th April 2019. We wish her a speedy recovery and good health ahead.

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